

DISCLOSURE AND INFORMED CONSENT

Purpose

This document informs you of your rights and responsibilities as a client, and to fulfill the requirements of the State of Louisiana for the provision of psychological services.

Confidentiality

All information discussed or written during your treatment is confidential, protected both by law and the American Psychological Association Code of Ethics, and may not be released to others without your written consent. However, exceptions to confidentiality include: an order of court, mandatory requirements to report suspected child abuse or neglect, and situations where you exhibit evidence of immediate danger to yourself or others. These exceptions are the requirements of the law, designed to protect you and others. Please inquire if you have any questions about confidentiality or the exceptions.

Nature of Counseling/Psychotherapy

Psychotherapy is the process where psychological issues and disorders are assessed, evaluated, and treated. There are a variety of techniques that can be utilized to deal with the problem(s) that brought you to therapy. The research literature indicates that a majority of people improve from psychotherapy. Potential benefits include reduction in feelings of anxiety or depression, better interpersonal skills, better coping skills, and improvement of specific problems. Psychotherapy has some risks that include the experience of uncomfortable feelings or recalling unpleasant events in your life. A psychotherapist is not in control of your life. You are responsible for all your decisions and actions. Unfortunate events may happen to you while in psychotherapy. Your therapist cannot control the many factors and events in your life, and is not responsible for unfortunate events that may happen in your life.

Privacy & Recording

Dr. Weibel will not record any part of any sessions in any manner without prior permission. Likewise, by signing this form, I agree not to record any part of any sessions without prior permission.

Appointments

Please call (225) 678-9389 to schedule your appointments. If you are unable to keep an appointment, please notify Dr. Weibel 24 hours in advance or you will be charged the full fee, not the co-pay.

Emergencies & 24 hour coverage

If you or a loved one ever experience a mental health emergency: Call 911, Go to a local hospital emergency room, call the COPE Team (225) 765-6565, the 24 Hour Crisis Line at (225) 924-3900, or the National Suicide Prevention Lifeline (800) 273-8255. I understand that Dr. Weibel is not available by phone at all hours. He is not part of a clinic or hospital, with other doctors answering his emergencies. If I need a higher level of care, I will make it known now.

Fees

The fee is \$200 for the initial session and \$125 per 50-minute session for individual therapy. Your payment is a tax deductible medical expense. Payment is due at the time of service.

Insurance

If Dr. Weibel is a provider for your insurance company and you decide to use your insurance, by signing this form you authorize payment of medical benefits to Dr. Weibel for services provided, and you authorize the release of any medical or other information necessary to process this claim. If Dr. Weibel is not a provider for your insurance, he will provide you with a receipt should you desire to seek insurance reimbursement.

Consent

I have read and understand the preceding information regarding my rights and responsibilities as a client. I consent to receiving counseling and/or other psychotherapeutic services provided by David Weibel, Ph.D. and agree to abide by the requirements outlined above.

Printed name of client

Signature of client

Date

Parent or guardian name (if client < 18)

Signature of parent/guardian

Date

David T. Weibel, Ph.D., Licensed Clinical Psychologist (#1137, renewal date 7/31/18)

Date